

FOOD BANK - GOSPORT DONATION LIST

FOOD

Cereal
Jam
Milk
Soup
Beans/Spaghetti
Pasta
Tinned Meatballs
Tinned Tuna
Tuna Pasta Sauce (packets)
Instant Mash
Tinned Stew
Tinned Chicken in Sauce
Tinned mince & onions
Rice
Tinned Veg (peas, carrots, sweetcorn)
Tinned Curry
Tinned Chilli
Tinned Fruit
Puddings (instant custard, jelly, angel delight)
Biscuits

TOILETRIES

Adult toothpaste & toothbrushes
Children's toothpaste & toothbrushes
Roll on Deodorant
Shampoo
Showergel
Sanitary towels

BABY ITEMS

Baby Wipes
Nappies (Sizes 0-6)

If you wish to make a financial contribution to Caring Hands Gosport, you can do so by visiting <https://family.church/give/>

When giving online, please specify 'Gosport Caring Hands'.

We are so appreciative of any support received, thank you in advance!



CARING HANDS

0300 302 0090 | caringhands.gosport@family.church | Facebook: /caringhandsgosport